



**2014 ALL ALBERTA KARATE  
INVITATIONAL**

NOVEMBER 29 / 2014

BOWNESS HIGHSCHOOL

4627 77 St NW, Calgary, AB

CALGARY AB

To all Coaches, Sensei's, Volunteers, Officials and Competitors

This is the inaugural run of this event. The sole purpose of this tournament is to help foster the growth of our province in the art of Karate-do. We wish to give more experience to all of the participants and in doing so will create an event that is competitive and enjoyable for competitors of all levels and ages.

This is a good-will event and sportsmanship and all of the morals and values of our martial art must be preserved before anything else.

Please review all the forms and rule break-down to ensure everyone is up-to-date with the format.

Kind Regards

Sensei Gary Sabean and Adam Wackershauser

## INFORMATION AND CONTENTS

DATE	NOVEMBER 29/2014
LOCATION	BOWNESS HIGHSCHOOL 4627 77 St NW, Calgary, AB
REGISTRATION	PRE- REGISTER BY NOV. 26(WEDNESDAY) AND PAY <b>\$45</b> FOR UNLIMITED DIVISIONS.  OR  REGISTER THE MORNING OF AND PAY <b>\$60</b> FOR UNLIMITED DIVISIONS.
WAIVER	THERE IS AN ATTACHED WAIVER THAT MUST BE SIGNED PRIOR TO COMPETITION.
RULES	PLEASE REVIEW OUR RULES AND GUIDELINES PRIOR TO ENTERING THE EVENT. WE WANT ALL COMPETITORS, COACHES AND VOLUNTEERS AWARE OF ALL RULES AND GUIDELINES.
DIVISIONS	THERE IS AN ATTACHED DOCUMENT STATING ALL EVENTS AND DIVISIONS.
OFFICIALS	PLEASE REVIEW OFFICIALS DOCUMENT. OFFICIALS MEETING WILL BE HELD AT 8:30AM
VOLUNTEERS	PLEASE REGISTER VOLUNTEERS PRIOR TO EVENT

# RULES OVERVIEW

## KATA:

### 1) Performance

- First round performances will be based on a point system between 6.0 – 7.0
- The top 4 competitors will move to the finals
- The finals draw will be set up with Highest score competitor vs. Lowest score and 2<sup>nd</sup> and 3<sup>rd</sup> highest face off as well.
- The winners move to face off for gold and silver
- ALL FINAL MATCHES WILL BE JUDGED USING FLAGS AND CURRENT WKF RULES

### 2) Dress Code

- All competitors must wear a plain white gi
- Dojo/association crests and embroidery are permissible
- Gi sleeves and pants must not be longer than the wrist or ankle joint
- Ripped or dirty gis may be removed with referees discretion

### 3) Penalties

- All mistakes or stumbles will be taken into account by referees and officials
- Any unsportsmanlike conduct can lead to penalization or dismissal from the event.

### 4) Kata Style

- All Kata from any traditional style or association is allowed.

## KUMITE:

### 1) Match Area and particulars

- The match will take place inside the boundaries of the tatami either 7 x 7 or 10 x 10 meters
- All recreational events are single elimination

- All competitive events are repacharge

## 2) Time

- All Childrens age (4-13) matches will be 1.5 minutes running time
- All Adult colour belts matches will be 2 minutes running time
- All Competitive Advanced Divisions will be 2 minutes stop time. Except men's which will be 3 minutes stop time.
- Time outs can be called by the referee for injury or gear malfunction.
- In the event of a Tie a whistle will be blown and the officials will vote and declare a winner.

## 3) Scoring

- Point structure will be based off of a modified WKF criteria
- Six scoring criteria are (Distance, Timing, Technique, Zanshin(continued awareness), Sporting Attitude, Vidorous application) for more see current WKF rules at wkf.net
- The target areas are the Torso(front, back and sides), Head (front, back and sides) and Throat and neck(contact to this area will result in a penalty)
- 1 point (YUKO) – Awarded for any hand strike or punch to the correct target area
- 2 points (Waza-ari) – Awarded for a kick to the body
- 3 Points (Ippon) – Awarded for head kick or a successful attack to an opponent whose torso is on the floor.

## 4) Penalties

- Excessive contact (All divisions 17 and younger allow no contact to the head, face, neck or throat)
- Striking to the groin or any target area below the hip bone
- Striking with an elbow or knee
- Striking to any joint in the body
- Exiting the fighting area during a match
- Wild or uncontrolled techniques
- Talking during the match
- Un-sportsmanlike conduct
- Excessive grabbing, holding or pushing

## 5) EQUIPMENT

- All recreating divisions require WKF style hand gear, mouth guard. Groin protection for all boys and men and chest protectors for females. Shin, body and head protectors are optional.
- All competitive divisions are required to have shin and in-step and body protectors as well.
- **ALL DECISIONS BY THE OFFICIALS IS FINAL AND FAILURE TO COMPLY CAN LEAD TO EXPULSION FROM THE EVENT**

For any additional info please contact:  
[calgaryinvitational@gmail.com](mailto:calgaryinvitational@gmail.com)

## Officiating

### EQUIPMENT:

- For those with full Referee and officiating outfit please bring one
- For newer officials bring a white collared shirt and grey or black dress slacks with black shoes.
- Optional; whistle or blue blazer.

### KATA:

- Matches will have 3-5 judges where available
- Score cards are used for all first round Kata's
- Scores will be between 6.0 and 7.0
- Kata will be from many different styles so the kihon of the kata, focus and overall performance are very important to observe

### KUMITE:

- 4 judges, 1 referee and 1 arbitrator will be used when possible.
- Or 3 Judges, 1 referee- 2 judges 1 referee
- Or Shadow refereeing may also take place
- All current WKF scoring criteria must be observed
- 2 flags may indicate a score or penalty but the head official or referee can overturn decisions.

### GUIDELINES:

- Officials or Referees cannot be present for their own association or dojo
- If a replacement cannot be made then 1 official from each participating dojo in the match should be present.

Please refer to the current WKF rule book for additional queries.

### COACHES:

- Coaches may coach from the side chair in a respectful manor
- Coaches must have a team track-suit

**TOURNAMENT REGISTRATION**

**DATE**

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_ E-MAIL: \_\_\_\_\_

ALBERTA HEALTH CARE #: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_ GENDER: M / F AGE: \_\_\_\_\_

BELT COLOUR: \_\_\_\_\_ DOJO/ASSOCIATION: \_\_\_\_\_

DIVISIONS: \_\_\_\_\_

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**Waiver and Release**

I, \_\_\_\_\_, acknowledge and understand that Karate is a martial art and a physical activity and that there are inherent risks in performing and participating in this or any Karat event. I further acknowledge and understand that I may receive possible injuries which could be serious and/or permanent.

I hereby accept all risks in association with the aforementioned activity and forever release and discharge all administrators, officials, coaches, volunteers, sponsors and assigns from any legal action forever.

Athlete Name(Parent/Guardian) \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Witness Name: \_\_\_\_\_

Witness Signature: \_\_\_\_\_ Date: \_\_\_\_\_



## DIVISION LISTS

<b><i>DIVISIONS KATA</i></b>			
<b><i>AGE</i></b>	<b><i>RANK</i></b>	<b><i>MALE EVENTS</i></b>	<b><i>FEMALE EVENTS</i></b>
<i>4--7</i>	ALL	A 001	A 002
<i>8--9</i>	WHITE - ORANGE	B 001	B 002
<i>8--9</i>	GREEN - BLACK	B 003	B 004
<i>10--11</i>	WHITE - ORANGE	C 001	C 002
<i>10--11</i>	GREEN - BLACK	C 003	C 004
<i>12--13</i>	WHITE - YELLOW	D 001	D 002
<i>12--13</i>	ORANGE - PURPLE	D 003	D 004
<i>12--13</i>	BROWN - BLACK	D 005	D 006
<i>14--15</i>	WHITE - YELLOW	E 001	E 002
<i>14--15</i>	ORANGE - PURPLE	E 003	E 004
<i>14--15</i>	BROWN - BLACK	E 005	E 006
<i>16--17</i>	WHITE - YELLOW	F 001	F 002
<i>16--17</i>	ORANGE - PURPLE	F 003	F 004
<i>16--17</i>	BROWN - BLACK	F 005	F 006
<i>18+(recreational)</i>	WHITE - ORANGE	G 001	G 002
<i>18+(recreational)</i>	GREEN - BLACK	G 003	G 004
<i>18 +Competitve</i>	BROWN - BLACK	COMP 001	COMP 002
Some divisions may be combined to make a more meaningful competition (male and female will not cross above 8 years old in kumite)			

## DIVISION LISTS

<b><i>DIVISIONS KUMITE</i></b>			
<b><i>AGE</i></b>	<b><i>RANK</i></b>	<b><i>MALE EVENTS</i></b>	<b><i>FEMALE EVENTS</i></b>
4--7	ALL	A 003	A 004
8--9	WHITE - ORANGE	B 005	B 006
8--9	GREEN - BLACK	B 007	B 008
10--11	WHITE - ORANGE	C 005	C 006
10--11	GREEN - BLACK	C 007	C 008
12--13	WHITE - YELLOW	D 007	D 008
12--13	ORANGE - PURPLE	D 009	D 010
12--13	BROWN - BLACK	D 011	D 012
14--15	WHITE - YELLOW	E 007	E 008
14--15	ORANGE - PURPLE	E 009	E 010
14--15	BROWN - BLACK	E 011	E 012
16--17	WHITE - YELLOW	F 007	F 008
16--17	ORANGE - PURPLE	F 009	F 010
16--17	BROWN - BLACK	F 011	F 012
<i>18+(recreational)</i>	WHITE - ORANGE	G 005	G 006
<i>18+(recreational)</i>	GREEN - BLACK	G 007	G 008
<i>18 + FEMALE</i>	minus 55kg	COMP 003	COMP 004
<i>18 + FEMALE</i>	minus 60kg	COMP 005	COMP 006
<i>18 + FEMALE</i>	plus 60kg	COMP 007	COMP 008
<i>18 + FEMALE</i>	minus 67kg	COMP 009	COMP 010
<i>18 + FEMALE</i>	minus 75kg	COMP 011	COMP 012
<i>18 + FEMALE</i>	plus 75kg	COMP 013	COMP 014
TEAM KUMITE WILL BE FOR ALL AGES WE WILL HAVE MIXED TEAMS DIVISION NUMBER IS <b>TEAM 001</b>			
Some divisions may be combined to make a more meaningful competition (male and female will not cross above 8 years old in kumite)			