



# ASK Fall Tournament

Saturday October 18, 2014

**Dalhousie Community Centre**

5432 Dalhart Rd NW, Calgary, AB T3A 1V6

**11:30 am – 4:00 pm**

Please come at **10:30 am** to help set up the mats!

*“The ASK Fall Tournament is a fun tournament focused on training new competitors in a low-stress environment.” – Sensei Chris Walker, ASK Chief Instructor*

**Entry Fee:** ASK Members \$5 Non-members \$20 ASK Membership available for \$35

❖ ASK Member registration fee is supported in part by AGLC Casino Funding

❖ **Registration due Thursday, October 16!**

## Divisions:

Event / age group:	Flag	4 - 6 yrs
<i>Kata</i>	Mixed	
All belt levels	1	
<i>Kumite (3-step basic kumite)</i>	Mixed	
All belt levels	2	

Event / age group:	A	7 - 9 yrs
<i>Kata</i>	Mixed	
Beginner	1	
Intermediate	2	
<i>Kumite</i>	Male	Female
Beginner	3	4
Intermediate	5	6

Event / age group:	B	10 - 13 yrs
<i>Kata</i>	Mixed	
Beginner	1	
Intermediate	2	
Advanced	3	
<i>Kumite</i>	Male	Female
Beginner	4	5
Intermediate	6	7
Advanced	8	9

Event / age group:	C	14 - 15 yrs
<i>Kata</i>	Mixed	
Beginner	1	
Intermediate	2	
Advanced	3	
<i>Kumite</i>	Male	Female
Beginner	4	5
Intermediate	6	7
Advanced	8	9

Event / age group:	D	16 - 17 yrs
<i>Kata</i>	Mixed	
Beginner	1	
Intermediate	2	
Advanced	3	
<i>Kumite</i>	Male	Female
Beginner	4	5
Intermediate	6	7
Advanced	8	9

### *Legend:*

**Beginner:** 10th (white belt), 9th, 8th, and 7th kyu

**Intermediate:** 6th, 5th, and 4th kyu

**Advanced:** 3rd, 2nd, 1st kyu and black belt

- ❖ Consolidation of divisions will occur at the discretion of the tournament organizer.
- ❖ The tournament will follow WKF rules for Kumite. Kata will be Shotokan.
- ❖ White belt Kumite competition will consist of three-step Kumite.

**ASK Fall Tournament Registration Application:**

ASK Member #: \_\_\_\_\_ or check if Non-Member: \_\_\_\_\_

Competitor Name: \_\_\_\_\_

Address: \_\_\_\_\_

Date of Birth: dd/mm/year \_\_\_\_\_ Phone: \_\_\_\_\_

Alberta Health Care #: \_\_\_\_\_ Gender: M/F \_\_\_\_\_ Weight: \_\_\_\_\_ kgs

Belt Colour (Kyu Only): \_\_\_\_\_ Club Name: \_\_\_\_\_

Event categories: Kata \_\_\_\_\_ Kumite \_\_\_\_\_

(e.g. **A1** for female, 7-9 yr old, kata; and **A4** for female 7-9 yr old, kumite)

**Acknowledgement, Waiver and Release**

I, \_\_\_\_\_, hereby acknowledge that I am aware and understand that the art and sport of karate is potentially hazardous and that a participant is exposed to risks in said activity. I further acknowledge that in the course of doing karate I may receive injuries that may be serious and permanent. Now, I hereby acknowledge and accept all hazards and risks in the doing of said activity and hereby remise, release and forever discharge and hold harmless the AS Karate Council Alberta (ASK), its officers, instructors, judges, volunteers, servants, employees, successors, agents and assigns from any and all claims and demands whatsoever for damages, loss or injury, however arising which may now or may hereafter be sustained by me in consequence of my participation in activities of the ASK, including but not limited to the ASK Fall Tournament on October 18, 2014, and without limiting the generality of the foregoing, all training, practice, competition, demonstration, and travel to or from the tournament, and any other matter related in any way to the said activity.

I am aware that events, competition and ceremonies associated with the ASK Fall Tournament may be photographed or videotaped, and I further consent that any pictures or video furnished by or taken of me may be used for training, publicity, promotion or other public exhibition by the ASK, and I waive any and all claim to compensation in regards thereto.

IN WITNESS WHEREOF I have hereunto set my hand this \_\_\_\_\_ day of \_\_\_\_\_, 2014

Parent/Guardian: \_\_\_\_\_ Witness: \_\_\_\_\_

Print Names: \_\_\_\_\_

WKF compliant Kumite equipment is required for all Kumite events. ASK members may check-out Kumite Equipment from the Chief Instructor for use in ASK events.

For current information please see our website: <http://associationofshotokankarate.ca/>

Or call ASK Chief Instructor, Chris Walker: 403-708-3233